

# St Ninian's Primary

**Aspiring to greatness. Inspired to learn.**

We are well and truly into the first term of the new year and busy with all the usual trips, events and teacher professional learning. This week is Mental Health Week 6th-12th Feb and children have been learning about the importance of speaking to adults when worried or anxious and developing a positive mindset. An information sheet was sent home by email with suggestions how to support your child and your own wellbeing. Some children and staff have been engaging in meditation this week to relax and experience calm moments. Simple positive comments and affirmations can make all the difference to someone's day. The theme this week is "Let's Connect!" Making connections and speaking to someone, can make all the difference.



We have a number of sacrament preparation meetings this term:

Reconciliation:

Parents Meeting in St Ninian's Church at 6pm on 20/2/23

Sacrament of Reconciliation on 23rd March at 7p.m

First Holy Communion:

27/3/23 Parents Meeting in St Ninian's Church at 6pm.

Holy communion on 13/5/23, 20/5/23 10am

Confirmation

Parents meeting in St Ninian's Church at 6pm on 20/03/23

Confirmation on 20/4/23 at 7pm.

P7 retreat in preparation for Confirmation on Thursday 9th February at St Ninian's church hall. 9-2.30p.m.



Thank you to all our families who attended the family night at the end of January. This was a great success and raised an incredible £500. Many thanks to Mrs Reddoch and Miss Rooney for planning the event and all the staff who supported and helped out. The staff of St Ninian's are very dedicated and committed always doing the very best for the children. They go out of their way to ensure that children always have the best experience. This was very obvious by the P7s trip to Dalguise where they ensured children made memories for a lifetime.



A reminder that the school is closed for the February mid term. School is closed for a holiday on Monday 13th and Tuesday 14th February. Also Wednesday 15th February for an inservice day where staff are involved in planning and training.

Hope everyone has a good weekend!

